

Why is it important to teach PSHE?

We believe at North Road that it is essential for children to become healthy, independent and responsible members of society. Personal, Social and Health Education (PSHE) helps children to understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. We provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. British Values are promoted through the teaching of our school values and links to the objectives of the PSHE curriculum. We teach our pupils how to become responsible members of our school and wider society, as well as preparing them for life and work in modern Britain.

What our children say....

"I really enjoy PSHE lessons as they give us strategies to help us cope with things that happen to us."

"My ELSA sessions have taught me lots of strategies to help me with my worries."

"It is important to talk about our worries. We can look after each others mental health."

What does PSHE look like at North Road?

At North Road, PSHE is at the centre of all we do. Our curriculum for PSHE is taught discretely every week following the PSHE Association curriculum. PSHE is taught as part of our overarching umbrella of Spiritual, Moral, Social and Cultural (SMSC) education. Through our curriculum, our school environment and our school values, we promote pupils' self-esteem and emotional well-being. We help them to form and maintain worthwhile and satisfying relationships, based on respect for themselves and for others, at home, at school, at work and in the community. Pupils can receive additional support with their emotional and mental well-being through 1-to-1 or small group sessions with our Emotional Literacy Support Assistant (ELSA) and Sandbox Therapist.

Events and learning opportunities

- Hello Yellow Day, supporting the charity Young Minds
- National Internet Safety Day
- Educational visits from the community policing team
- National Anti-bullying Day
- Life Skills Centre visit
- Whole school well-being afternoons
- School council member elections
- Pupil-initiated charity fund-raising