

NORTH ROAD COMMUNITY PRIMARY SCHOOL

PE CURRICULUM OVERVIEW



	EYFS Pluto Class	Key Stage One Mars Class	Lower Key Stage Two Neptune Class	Upper Key Stage Two Jupiter Class
Sports Coach Term 1	Gymnastics- Floor work (rolls and balances)	Multi Sports / Ball Skills- Travel with a ball in different ways and directions, practise kicking a ball to a target	Football	Football
Class Teacher Term 1	Movement and Using Space Following instructions	Ball Skills- catch and bounce a ball, practise throwing overarm and underarm	Basketball	Basketball
Sports Coach Term 2	Ball Skills- pushing, rolling and bouncing	Circuits and Fitness Training	Circuits and Fitness Training	Circuits and Fitness Training
Class Teacher Term 2	Dance- moving to music, shapes	Dance*	Dance*	Dance*
Sports Coach Term 3	Gymnastics- Apparatus (climbing and swinging)	Gymnastics (Jumping and Rolling)	Gymnastics (Jumping and Rolling)	Gymnastics (Jumping and Rolling)
Class Teacher Term 3	Yoga	Gymnastics (Travelling and Balancing)	Gymnastics (Travelling and Balancing)	Gymnastics (Travelling and Balancing)
Sports Coach Term 4	Dance- sequences and partner work	Hockey	Tag Rugby	Tag Rugby

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Class Teacher Term 4	Ball Skills- throwing and catching	Hockey	Hockey	Hockey
Sports Coach Term 5	Ball Skills- dribbling and passing	Athletics	Athletics	Athletics
Class Teacher Term 5	Ball Skills- sending and receiving	Tri-golf	Tri-golf	Tennis
Sports Coach Term 6	Athletics	Kwik Cricket	Tennis	Netball
Class Teacher Term 6	Team games / Multi-skills	Rounders	Rounders	Kwik Cricket

*The curriculum for Dance is repeated on a two-year teaching cycle. Stimuli change yearly, making links to seasonal and cultural/religious events.

Key:

Gymnastics

Dance

Ball Skills

Striking and Fielding Games

Invasion Games

Fitness

*The EYFS curriculum is not colour-coded as they follow the Early Years Foundation Stage Curriculum.