



North Road Community Primary School

Personal, Social and Health Education Vocabulary Progression

	EYFS	Y1	Y2	Y3	Y4	Y5	Y6
	PLUTO CLASS	MARS CLASS (KS1)		NEPTUNE CLASS (LKS2) Consolidation of KS1 vocabulary		JUPITER CLASS (UKS2) Consolidation of KS1/LKS2 vocabulary	
General Language	belonging, bullying, care, celebrations, challenges, clean, community, conflict, differences, families, family life, fears, friends, friendship, goals, helpful, home, jobs, managing feelings, respect, responsibilities, rights, risks, rules, similarities, special, stereotypes, valuing contributions, witness						
Relationships Families and friendships Safe relationships Respecting ourselves and others	myself, being gentle, falling out	parents, brothers / sisters, love, worries, telling, private, touching, permission, sharing, kind/unkind, behaviour, polite, safe, unsafe, consequences, rewards, physical contact, preferences	honesty, listening, arguments, lonely, unhappy, secrets, pressure, hope, fair, choices, boundaries, trust, appreciation	different/diverse families, single parents, same-sex parents, step-parents, blended families, foster and adoptive support, stability, time together, encouragement, privacy, hurtful, self-respect, self-worth, positivity, perspectives, roles, negotiation, impact, family conflict, child-centred	teasing, confidence, race, faith, values, shared likes/interests, peer pressure/influence, jealousy, memories, inner strength, assertiveness	included, peer approval, assertive communication, resolve disputes, physical touch, unwanted, unacceptable, treated equally, traditions, beliefs, discrimination, sexism, racism, homophobia, trolling, self-recognition, self-esteem, grooming	loving, sexual orientation, relationship, commitment, marriage, civil partnership, positive role model, control, power, empathy
Living in the Wider World Belonging to a community Media literacy and digital	talents, standing up for myself, perseverance	recycling, environment, internet, communicate, online, safety, strengths, interests, success, achievement, learning styles, overcoming obstacles	groups, factual, entertainment, false, money, spending, saving, paying, needing and wanting, assumptions, realistic, co-operation	passwords, goals, laws, human rights, accurate information, adapted/edited images, reliable choices, appropriate searches, myths, skills, compliments, solutions, ambitions, enthusiasm, budgeting, offline safety	democracy, motivation, class citizen, voice, individuals, volunteer, digital footprint, information, advertising, spending, cards, cash, E payment, judgement, influence, impressions, disappointment, overcoming, resilience	aspirations, national citizenship, vote, participation, online communities, gaming, gambling, protection, media influence, fact, opinion, bias, reliable, suspicious, career, cultural diversity, inclusion, rumours, material wealth, respecting culture, financial success, long-term, charity	global citizenship, Children's Universal Rights, group dynamics, anti-social behaviour, prejudice, communication, fake, restrictions, manipulate, inappropriate, value for money, critical consumer, debt, fraud, finance, perceptions of normality, disability, exclusion, success criteria, recognition, evaluating



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Money and work						<u>LEANS Vocabulary</u> neurodiversity, neurotypical, neurodivergent, condition, 'brain function', identity, behaviour, patterns, individual, normal	
						<u>'Educate Against Hate' Vocabulary</u> aggression, solution, perspective, source, critical, hate crime, protected characteristics, unlawful, age, gender reassignment / identity, nationality, stereotyping, extremism, division, segregation, violence, xenophobia, islamophobia	
<u>Health and Wellbeing</u> Physical health and mental wellbeing Growing and changing Keeping safe	exercise, healthy food, physical activity, sleep, bodies, respecting my body, fun, growth	healthy, hygiene, unhealthy, sun safety, unique, medicine, medication, road safety, life cycles (animal/human), male, female, changes	gender, gender diversity, physical health, mental health, dental health, mood, rail safety, water safety, emergency, relaxation, nutrition, lifestyle, life cycle (plants), young, old, independence	healthy choices, balanced diet, positive and negative feelings, setbacks, hazards, fire safety, food labelling, internal, external, needs	love / loss, girlfriend, boyfriend, appearance, acceptance, healthy lifestyle, illness, puberty, menstruation, erection, wet dreams, drugs, side effects, habits, advice, smoking, alcohol, accepting body changes, transition, having a baby	benefits, diseases, allergies, vaccination, immunity, identity, individuality, well-being, unsafe, injury, female genital mutilation, vaping, body image, self-image, conception, IVF	sources of support, mental well-being, strategies, conflicting feelings, grief, intercourse, pregnancy, sperm, egg, womb, fertilize, illegal/ legal, report, personal responsibility, managing stress, substances, exploitation, county lines/gangs, physical attraction, consent, sexting

* Additional opportunities to reinforce vocabulary through our links and experiences to explore RSHE, Internet Safety, Science, SMSC, School Values, British Values, RE and Assembly themes.*